



ALETTA JACOBS
COLLEGE

INTERNATIONAL STUDENT EXCHANGE

18 - 25 SEPTEMBER 2015

OLSZTYN

PROGRAMME

DAY 1

Date and time	Event	Details	Supervisors	Venue
Friday, September 18, about 9 p.m.	Arrival of the Dutch group	The Polish group should meet at the school at 8 p.m. and wait for the arrival of our guests. After a short welcome, the students and teachers will be picked up by their host families.	Ms Aleksiejczuk Mr Boryszewski Mr Król	SCHOOL

DAY 2

Date and time	Event	Details	Supervisors	Venue
Saturday, September 19, 11 a.m.	Walk around the old town	The participants should meet at the High Gate (Wysoka Brama) at 11 a.m.	Ms Dziąba Ms Aleksiejczuk Mr Król	OLD TOWN
11 a.m. - 1 p.m.	Sightseeing	Ms Anna Dziaba - our history teacher and a tour guide - will show us the most interesting sights in the old town.	Ms Dziąba Ms Aleksiejczuk Mr Król	OLD TOWN
1 p.m. - 5 p.m.	Free time	The students will have some free time to go shopping, have dinner, do some more sightseeing etc. The teachers will have dinner together and try some Polish cuisine.	Ms Dziąba Ms Aleksiejczuk Mr Król	OLD TOWN

5 p.m. - 8 p.m.	Bonfire	In the evening we will have a bonfire. The food and drink will be provided by the host teachers.	Mr Boryszewski Ms Aleksiejczuk Mr Król	GUTKOWO
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DAY 3

Date and time	Event	Details	Supervisors	Venue
Sunday, September 20, 11 a.m.	Bike tour around Olsztyn	The students and teachers should meet at the rent-a-bike place in Jeziorna Street, next to the city beach. After renting bikes (unless someone has their own) we will have a cycling trip around some of the most picturesque places in Olsztyn. During the trip we will have a picnic, so remember to take some food (provided by the Polish students and teachers).	Mr Boryszewski Ms Aleksiejczuk Mr Król Ms Michniewicz	CITY BEACH

DAY 4

Date and time	Event	Details	Supervisors	Venue
Monday, September 21	Workshops	Monday will be devoted to various activities, during which the participants will have an opportunity to exchange views, experiences and have fun at the same time.	Mr Boryszewski Ms Aleksiejczuk	SCHOOL
9.15 a.m.	Official welcome	Our guests will be officially welcomed by the head master and the exchange organisers. The programme and the aim of the exchange project will be presented.	Mr Boryszewski Ms Aleksiejczuk Mr Mariański Ms Szymła	READING ROOM
9.50 a.m. - 10.35 a.m.	English lesson	The Dutch and Polish students will learn English together.	Ms Guz-Patejuk	ROOM 33
10.50 a.m. - 12.30 p.m.	Singing workshop with the school choir	The participants will take part in a singing workshop conducted by our teacher, Mr Serbintowicz, who's also a professional vocal coach.	Mr Serbintowicz	READING ROOM
12.40 p.m. - 1.25 p.m.	Chemistry lesson	The chemistry teacher, Ms Lasota, will conduct a chemistry lesson, during which some experiments will be done.	Ms Lasota Assisting students	LAB 215

		Expect a lot of smoke and some explosions!		
1.35 p.m. - 2.20 p.m.	Culture lesson	The lesson will be devoted to cultural links between Poland and Holland.	Ms Michniewicz	ROOM 102
2.20 p.m. - 3.30 p.m.	Food workshop	The participants will work together to prepare a meal using some traditional Polish dishes (prepared beforehand by the parents and students).	Ms Aleksiejczuk	READING ROOM
3.30 p.m. - 5.30 p.m.	Dinner	The participants will have dinner together. Other teachers, school staff members and parents are welcome to come as well.	Ms Aleksiejczuk	READING ROOM
6 p.m. - 8 p.m.	Capoeira workshop	Remember to take some sports clothes and comfortable shoes.	Ms Aleksiejczuk Ms Michniewicz Kacper Gorbacz	ZSME - Mechanical- Electrical School in Żołnierska Street

DAY 5

Date and time	Event	Details	Supervisors	Venue
Tuesday, September 21 9 a.m.	Bus trip to Krutyń	The participants should meet in front of the school at 9 a.m. and set out to Krutyń.	Mr Król Mr Boryszewski	SCHOOL
About 10 a.m.	Canoeing trip	The students and teachers will take part in a canoeing trip from Krutyń to Ukta (about 5 hours). Remember to take some packed lunch, spare clothes (in case you get wet) and some pocket money (we will have dinner in one of the restaurants along the route).	Mr Król Mr Boryszewski	KRUTYŃ
About 6 p.m.	Coming back to school	After the trip, the students will be picked up by the host families.		SCHOOL

DAY 6

Date and time	Event	Details	Supervisors	Venue
Wednesday, September 22, 7.30 a.m.	Sightseeing trip around the region	The participants will be taken to some of the most beautiful places and the most famous sights of historical interest in the region of Warmia and	Ms Aleksiejczuk Ms Sobieraj	The route of the trip: Olsztyn-Św. Lipka- Gierłoż-

		Mazury. The guide will be our German teacher, Ms Sobieraj. Packed lunch and money for dinner should be provided by the host families.		Giżycko-Mikołajki-Olsztyn
About 8 p.m.	Coming back to school	After the trip, the students will be picked up by the host families.		SCHOOL

DAY 7

Date and time	Event	Details	Supervisors	Venue
Thursday, September 24	Workshops	The continuations of the workshops from Monday		SCHOOL
9.50 a.m. - 11.35 a.m. (two lessons)	Chemistry workshops	The participants will learn some chemistry and do a few experiments in our cutting-edge laboratory.	Chemistry teachers Assisting students	LAB 215
11.40 a.m. - 12.30 p.m.	IT workshop	The aim of the workshop is to complete the project entitled MY POLISH IMPRESSIONS. The teams will create a power point / prezi presentation or a video.	Ms Werner	ROOM 114
1.00 p.m. - 2.00 p.m.	Trip to Olsztynek	The participants will take a bus to Olsztynek.	Ms Aleksiejczuk	SCHOOL
2.30 p.m. - 4 p.m.	Sightseeing	The main attraction of the	Ms Aleksiejczuk	OLSZTYNEK

		trip will be the Ethnographic Park in Olsztynek, an open-air museum with a lot of traditional buildings, a wind mill, some old vehicles and many more...		
About 5 p.m.	Coming back to school Free time	Students will be picked up by the host families.	Ms Aleksiejczuk	SCHOOL

DAY 8

Date and time	Event	Details	Supervisors	Venue
Friday, September 25, 8.15 a.m.	Farewell meeting	After securing the luggage, the students and teachers will watch a presentation of the multimedia projects. The students will present the outcome of the singing workshop.	Ms Aleksiejczuk Mr Boryszewski	SCHOOL ROOM 33
9 a.m.	Departure of the Dutch group	The group will be taken to Gdańsk by bus.	Ms Aleksiejczuk Mr Boryszewski	SCHOOL